

December 2012

Outreach News

Food of the Month in the Missions Pantry



Pasta

All donations go to
Haven From Hunger

Centre Congregational Church ♦ 5 Summer Street ♦ Lynnfield MA 01940

"My biggest liberation is making my own money."

Vivianna Quesada lives in Salcedo, in the Dominican Republic. When Heifer International first came to her village, her husband was an alcoholic, and she was afraid he would leave her permanently, without money or food for their children.

Then Heifer and CAFESA, the local grassroots organization, started offering veterinarian classes near her village, so that residents would be able to administer medicine to animals suffering from parasites or mastitis. These "para-vets" are paid by the livestock owner. They usually earn around \$75 a month. But their real success is their new-found confidence and self-esteem.

Salcedo's trainers remember Vivianna as one of the worst in the class, and they considered asking her to leave. What they didn't know was that she was always in pain, suffering from ulcers. But Vivianna was determined to finish the class, and today, she's the first one her neighbors call on for assistance.

Vivianna bought pigs with the initial money she earned as a para-vet, and now she's saving to convert her wooden house into one made of sturdier cement blocks.

"Before, I had to ask my husband for everything," she said.

"Now, my biggest liberation is making my own money. I'm a new Vivianna, and if my husband leaves, I will be okay."

This is the kind of transformation that **YOU** make possible when you support Heifer.

On behalf of Vivianna and women like her around the world, heartfelt thanks for your generous gifts.



City Mission Society

Do you want to help make Christmas more meaningful for Boston area families in need? Here are two ways that you can help City Mission Society bring joy to adults and children this Christmas:

Donate a gift. Take a tag with a gift suggestion from the Christmas tree in the narthex. Then bring back your new, unwrapped gift to put under the tree. We will deliver the gifts to Winchester where volunteers – including the Centre Church High School Youth Group – will sort them for distribution.

Gift suggestions include:

- Winter coats, sweaters, and sweatshirts
- Hats, mittens, gloves and scarves
- Socks and underwear
- Blankets and backpacks
- Toys, books, and games for all ages
- Gift cards from Target, Walgreens, Marshalls, or CVS

We will collect gifts through noon on Sunday, December 9.

Donate money. Instead of sending a zillion paper Christmas cards, make a donation to support City Mission Society's work. Send just one Christmas card to the church (5 Summer Street) with your donation. The cards will be displayed on the Christmas tree in the narthex and recognized in *Tower Notes*. The proceeds will go to Boston City Mission Society for their continuing work. Here are some examples of what your donations make possible:

- **\$100** provides sandwiches for 150 people.
- **\$50** buys a warm hat, coat, and gloves for a young person in the Peace Workshops program.

Together, we can make a difference for children and adults this Christmas season.